



Appetizers and Small Plates.....

Artichoke Spinach Dip	10	Steamed Mussels	10
Spinach-artichoke-cream cheese		Mussels-tomato-scallions-garlic-white wine butter	
J's Bleu Chips	6	Shrimp Cocktail	12
House cut potatoes-bleu cheese crumbles-tomatoes-scallions-bleu cheese garlic cream		Gulf shrimp-tomato horseradish puree-lemon	
J's Thai Lavosh	12	Vidalia Onion Rings	8
Grilled chicken-Havarti-basil-tomato-scallions-peanuts-sweet chili sauce-flat bread lavosh		Sweet Vidalia onions-Southwest ranch	
Calamari	11	Bruschetta	6
Fried calamari-red pepper aioli-pico de gallo		Diced roma tomatoes-fresh basil-Balsamic-goat cheese-baguette	
J's Trio (Choose 3)		12	
Main lobster-escargot-gulf shrimp-beef tips-Havarti cheese-garlic pesto			

Our Soups.....

French Onion	Cup 4	Chicken Cheese Tortilla	Cup 3
	Crock 6		Bowl 5
Soup of the Day	Cup 3	Tomato Basil	Cup 3
	Bowl 5		Bowl 5

From the Garden.....

Ginger Salmon Salad	12	Cajun Chicken Salad	10
Mixed greens-grilled salmon-asparagus-peanuts-red peppers-mandarin oranges-sesame-ginger dressing		Romaine-grilled chicken-bleu cheese-cucumber-tomato-egg-cheddar cheese-bacon-red onion	
Shrimp Salad	12	Chicken Caesar Salad	9
Shrimp-red pepper-tomatoes-honey lemon vinaigrette-corn and bacon salsa		Romaine-grilled chicken-black olives-parmesan cheese-tomato	

J's Black & Bleu 13
 Field greens-beef tenderloin-bacon-candied walnuts-tomato-cucumber-bleu cheese crumbles-balsamic vinaigrette

Sandwich Board.....

select one meat	select one cheese	select any	select one soup
ham	provolone	mayonnaise	tomato basil
roast beef	Swiss	dijon mustard	chicken tortilla
turkey	American	yellow mustard	french onion
egg salad		creamy horseradish	Soup of the Day
tuna salad			
1/2 sandwich	7.75	whole sandwich	9

All sandwiches served with lettuce, tomato, pickles and chips.

LUNCH MENU



Our Fresh Ground Burgers.....

Bleu Burger	10	Provolone Jalapeño Burger	10
Steakhouse Burger	10	Peanut Butter Bacon Burger	10
California Turkey Burger	10	BBQ Cheddar Bacon Burger	10

Sandwiches.....

Caribbean Chicken Sandwich	10	Bird Bacon BBQ	10
Grilled chicken–pineapple–ham–BBQ sauce		Grilled chicken breast–bacon–cheddar cheese–BBQ sauce	
Beef Tip Philly	10	J's Reuben	11
Provolone–peppers–onions–mushrooms		Corned beef–sauerkraut–thousand island–Swiss cheese–marble rye	
The Rachel	10	Buffalo Chicken Sandwich	10
Sliced turkey–sauerkraut–Swiss cheese–thousand island–marble rye		Grilled chicken–bleu cheese–buffalo sauce	
		Open Face Salmon	12
		Salmon–field greens–tomato–onion–honey mustard–wheat berry toast	

Choice of fries, sweet potato fries, house chips or coleslaw.
All burgers and sandwiches served with pickles, lettuce, onion, and tomato.

Fremont Favorites.....

Beef Tip Marinara	13	Meatloaf	10
Roasted red peppers–mushrooms–onions–penne		Mashed potatoes–vegetable	
Fish & Chips	11	Liver & Onions	14
Corona battered cod–coleslaw–tartar sauce–french fries		Pan sautéed–grilled onions–mashed potatoes–vegetable	

ADD A HOUSE SALAD TO ANY ENTRÉE 2

Please inform your server of any food related allergies.
Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.